



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Community Room 10:00 Chair Yoga  12-1 Tai Chi	2 
5 Community Room 10:00 am Chair Yoga 	6 Community Room 10:00 am Crochet w/ Bev  ===== Crafts w/ Gayla 10:00 am 	7 Community Room 10:00 Bands 	8 Community Room 10:00 AM Chair Yoga  12-1pm Tai Chi	9 
12 Community Room 10:00 am Chair Yoga 	13 Community Room 10:00 am BINGO 	14 Community Room 10:00 am Bands 	15 Community Room  10:00 AM Chair Yoga 12-1pm Tai Chi	16 
19 Community Room 10:00 am Chair Yoga 	20 Community Room 10:00 am Cards Pitch 	21 Community Room 10:00am GSW Nature Theme Painting 	22 Community Room  10:00 AM Chair Yoga 12-1pm Tai Chi	23 
26 Community Room 10:00 am Chair Yoga 	27 Montauk Room 10:00am Book Club 	28 Community Room 10:00am Bands 10:00 Montauk Journaling with Mary	29 Community Room 10:00 AM Chair Yoga  12-1 pm Tai Chi	30 