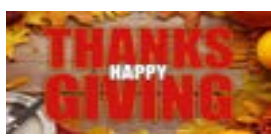




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Community Room 10:00 am Chair Yoga 	3 Community Room 10:00 am Crochet w/ Bev  Crafts w/ Gayla 10:00 am 	4 Community Room 10:00 am Bands w/ Bill 	5 Community Room 10:00 Chair Yoga  <hr/> 12-1 Tai Chi	6 
9 Community Room 10:00 am Chair Yoga 	10 Community Room 11:30 am- 1pm Gorman Special Event 	11  Veterans Day	12 Community Room 10:00 AM Chair Yoga  <hr/> 12-1pm Tai Chi	13 
16 Community Room 10:00 am Chair Yoga 	17 Community Room 10:00 am Cards  <hr/> Journaling w/ Mary 10:00 Montauk Room	18 Community Room 10:00 am Bands 	19 Community Room  10:00 AM Chair Yoga <hr/> 12-1pm Tai Chi	20 
23 Community Room 10:00 am Chair Yoga 	24 Montauk Room 10:00 am 	25 Community Room 10:00am Bands w/ Bill 	26 CLOSED 	27 
30 Community Room 10:00 am Chair Yoga 				