



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Be Kind.		Hold the door for someone.		Call a friend.
3 Community Room  10:00 am Chair Yoga	4 Community Room 10:00 AM Crochet w/ Bev  * Making Snowman Xmas Favors.	5 Community Room 10:00 AM Bands 	6 Community Room 10:00 AM Chair Yoga  WEAR Orange 12:00-1pm Tai Chi w/ Hai	7 
10 Community Room  10:00 am Chair Yoga	11 Community Room 10:00 AM BINGO 	12 Community Room 10:00 AM Bands 	13 Community Room  10:00 AM Chair Yoga Wear Blue 12:00 Tai Chi w/ Hai	14 
17 Community Room 10:00 AM Chair Yoga 	18 Community Room 11:00 am Thanksgiving Party 	19 Community Room 10:00 am Matt Urtz Presentation on his new book, " Fires in Madison County" 	20 Community Room Chair Yoga 10:00 am  Wear Christmas Socks 12:30-1:30pm Tai Chi w/ Hai	21 
24 Community Room 10:00 AM Chair Yoga 	25 Montauk Room 10:00 am Book Club 	26 Community Room 10:00 am Bands 	CLOSED 	28 