

July 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Community Room 10:00 AM Mountack Room 12:30 Tai Chi w/ Hai	2 Community Room 10:00 AM Bands	3 Community Room PICNIC 11:00 AM	4 Happy 4th July
7 Community Room 10:00 am Chair Yoga	8 Community Room 10:00 AM Crochet w/ Bev 12:30 Tai Chi w/ Hai	9 Community Room 10:00 AM Bands	10 Community Room 10:00 AM Chair Yoga 12:30 Tai Chi w/ Hai	CLOSED
14 Community Room 10:00 am Chair Yoga	15 Community Room 10:00 AM BINGO 1 27 33 48 75 8 19 45 56 61 3 18 24 49 69 15 26 41 53 66 2 21 37 46 65 12:30 Tai Chi w/ Hai	16 Community Room 10:00 AM Bands	17 Community Room 10:00 AM Chair Yoga 12:30 Tai Chi w/ Hai	CLOSED
21 Community Room 10:00 am Chair Yoga	22 Community Room 10:00 AM 12:30 Tai Chi w/ Hai	23 Community Room 10:00 AM Bands	24 Community Room Chair Yoga 10:00 AM 12:30 Tai Chi w/ Hai	CLOSED
28 Community Room 10:00 am Chair Yoga	29 Mountack Room 10:00 am Book Club	30 Community Room 10:00 AM Bands	31 Community Room Chair Yoga 10:00 am	