



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Community Room  10:00 am Chair Yoga	<b>3</b> Community Room 10:00AM Crochet w/ Bev Craft w/ Gayla ( Heart) 	<b>4</b> Community Room 10:00 Am Bands 	<b>5</b> Community Room 10:00 AM Chair Yoga  * Box of Mac and cheese	<b>6</b> 
<b>9</b> Community Room  10:00 am Chair Yoga	<b>10</b> Community Room Bingo 10:00 AM 	<b>11</b> Community Room 10:00 Gentle Yoga and Celebrity Tea w/ Judy Muford *Limited Class of 17 	<b>12</b> Community Room 10:00 AM Chair Yoga  *Box of Cereal	<b>13</b> 
<b>16</b> <b>CLOSED</b> 	<b>17</b> Community Room 10:00 AM Cards 	<b>18</b> Community Room 10:00 AM Bands 	<b>19</b> Community Room 10:00 AM Bands  * Your choice	<b>20</b> 
<b>23</b> Community Room 10:00 am Chair Yoga	<b>24</b> Montauk Room 10:00 AM Book Club 	<b>25</b> Community Room  10:00 am Bands	<b>26</b> Community Room 10:00AM Chair Yoga  * Can veggie 12:00-1pm Tai Chi w/ Hai	<b>27</b> 