






















MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Community Room</p>  <p>10:00 am Chair Yoga</p>	<p>3 Community Room</p> <p>10:00AM Crochet w/ Bev Craft w/ Gayla (Heart)</p>  	<p>4 Community Room</p> <p>10:00 Am Bands</p> 	<p>5 Community Room</p> <p>10:00 AM Chair Yoga</p>  <p>* Box of Mac and cheese</p>	<p>6</p> 
<p>9 Community Room</p>  <p>10:00 am Chair Yoga</p>	<p>10 Community Room</p> <p>Bingo 10:00 AM</p> 	<p>11 Community Room</p> <p>10:00 Gentle Yoga and Celebrity Tea w/ Judy Muford</p> <p>*Limited Class of 17</p> 	<p>12 Community Room</p> <p>10:00 AM Chair Yoga</p>  <p>*Box of Cereal</p>	<p>13</p> 
<p>16</p> <p>CLOSED</p> 	<p>17 Community Room</p> <p>10:00 AM Cards</p> 	<p>18 Community Room</p> <p>10:00 AM Bands</p> 	<p>19 Community Room</p>  <p>10:00 AM Chair Yoga</p> <p>* Your choice</p>	<p>20</p> 
<p>23 Community Room</p> <p>10:00 am Chair Yoga</p>	<p>24 Montauk Room</p> <p>10:00 AM Book Club</p> 	<p>25 Community Room</p>  <p>10:00 am Bands</p>	<p>26 Community Room</p> <p>10:00AM Chair Yoga</p>  <p>* Can veggie 12:00-1pm Tai Chi w/ Hai</p>	<p>27</p> 