



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Community Room  10:00 am Chair Yoga	4 Community Room Crochet with Bev 10:00 am  Crafts with Gayla 10:00 am	5 Community Room 10am Bands 	6 Community Room 10:00 Chair Yoga  12-1 Tai Chi	7 
10 Community Room  10:00 am Chair Yoga	11 Community Room 10:00 am BINGO 	12 Community Room 10:00 Bands 	13 Community Room 10:00 AM Chair Yoga  12-1pm Tai Chi	14 
17 Community Room 10:00 am Chair Yoga 	18 Community Room 10:00 AM Cards (Pitch) 	19 Community Room 10:00 am Bands 	20 Community Room  10:00 AM Chair Yoga 12-1pm Tai Chi	21 
24 Community Room 10:00 am Chair Yoga 	25 Montauk Room 10:00am Book Club 	26 Community Room 10:00am Bands 	27 Community Room  10:00 AM Chair Yoga 12-1pm Tai Chi	28 
31 Community Room 10:00 am Chair Yoga 				